

Running Event Form

Please fill out 1 Running Event Form and 1 Field Event Form per grade. If you have two classes per grade, please fill out only one form for both classes. Each student will be in at least 2 events. Each student can be in a total of 4 running and/or field events plus 1 relay. You do not have to fill every spot. Please make sure that your students know that running events take precedence over field events. Some of the event times may conflict, so check the times when placing students in events.

Grade: _____ School: _____

Boys

50 Meter Dash/Finals 9:47-10:10/11:25-11:36

1. _____
2. _____
3. _____
4. _____

Alt. _____

100 M Dash/Finals 10:52-11:15/11:46-11:57

1. _____
2. _____
3. _____
4. _____

Alt. _____

200 Meter Run 10:20-10:42

1. _____
2. _____

Alt. _____

400 Meter Run 9:15-9:37

1. _____
2. _____
3. _____

Alt. _____

Shuttle Relay (4x50 M Dash) 12:10-12:43

1. _____
2. _____
3. _____
4. _____

Alt. _____

Girls

50 Meter Dash/Finals 9:47-10:10/11:25-11:36

1. _____
2. _____
3. _____
4. _____

Alt. _____

100 M Dash/Finals 10:52-11:15/11:46-11:57

1. _____
2. _____
3. _____
4. _____

Alt. _____

200 Meter Run 10:20-10:42

1. _____
2. _____

Alt. _____

400 Meter Run 9:15-9:37

1. _____
2. _____
3. _____

Alt. _____

Shuttle Relay (4x50 M Dash) 12:10-12:43

1. _____
2. _____
3. _____
4. _____

Alt. _____